

HOMEOPATHY FOR EVERYONE

Why Does the Remedy Have to Be in Water? August 12, 2010 by Elaine Lewis General Papers

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Why are we supposed to take the remedy in water? How does it work? Is it that the remedy works more effectively that way?

I'm glad you asked that question! Probably a lot of people have this same question. Why are we supposed to take the remedy in water? In truth, the remedy has always been in water! We make a remedy by taking a drop of the mother tincture and dropping it in 99 drops of water and succussing 40 or more times. That's the 1C potency. To make the 2C potency, we take a drop of the 1C and drop it in 99 drops of water and succuss (pound on your hand), again, 40 or more times. It's all done with water! "Well, where do the pellets come in?" you might say. There's nothing in the pellets but sugar. The pellets are saturated with the remedy water and then dried. The remedy sticks to the pellets! It's just easier to sell the product this way; liquid bottles are heavy and take up space!

You pop a pellet in your mouth and you get the remedy just as surely as if you had taken a drop from the water bottle!

So, why do we have to put a pellet BACK into water to make water potency AGAIN???? Why can't we just keep using the pellets every time we dose?

Well, I suppose you could, and that sometimes works up to a point, but, Samuel Hahnemann, the founder of homeopathy, in his book, the Organon of Medicine, says NOT to do it, in fact, here's what he says:

(aph. 247, footnote)

I. We ought not even with the best chosen homoeopathic medicine, for instance one pellet of the same potency that was beneficial at first, to let the patient have a second or third dose, taken dry. (My emphasis)

In the same way, if the medicine was dissolved in water and the first dose proved beneficial, a second or third and even smaller dose from the bottle standing undisturbed, even in intervals of a few days, would prove no longer beneficial, even though the original preparation had been potentized with ten succussions or as I suggested later with but two succussions in order to obviate this disadvantage and this according to above reasons.

[He's saying the same thing applies to taking repeated doses in water in an unsuccessed, unstirred manner. Don't do it. So, the point is not that the pellets are bad, it's that NOT CHANGING THE POTENCY, before each dose, is bad! And how do you change the potency? By succussing the bottle! Can you succuss a non-liquid bottle? No!] Hahnemann goes on to say....

But through modification of every dose in its dynamization degree,

[But if you change the potency by succussing the bottle a few times before each dose....]

as I herewith teach, there exists no offence,

[...you won't cause any harm.]

even if the doses be repeated more frequently, even if the medicine be ever so highly potentized with ever so many succussions. It almost seems as if the best selected homoeopathic remedy could best extract the morbid disorder from the vital force and in chronic disease to extinguish the same only if applied in several different forms.

[It almost seems as if the organism requires the stimulation of changes in potency going forward in order to effect the cure.]

So, what is Hahnemann talking about here? He is talking about a phenomenon called “TOLERANCE”! You’ve heard of “tolerance”, haven’t you? It’s what happens when you begin to “tolerate” a medicine—it stops working! Maybe I should say, at first it stops working; but then, if you keep on taking it, it aggravates! “Tolerance” exists on all levels of life, even your morning shower: You get into the shower, and, at first, the hot water feels very invigorating and stimulating! But the longer you stay there, the more the water temperature starts to lose its punch and wear out its welcome! At some point, that very same temperature, over and over again, becomes aggravating! You must make the water hotter or you won’t be able to tolerate your shower for even another second—you have built up a “tolerance” to the water!

This is the point Hahnemann is making on why the remedy has to be succussed before each dose, it’s to raise the potency, to “turn up the potency” so you’ll be able to benefit from the remedy going forward without it aggravating. I hope that answers your question about water potencies and how stirring or succussing before each dose can help you to keep the case moving.